

BOM #3 Saw Tooth Star - uses light, medium, and dark fabrics; 12 1/2" unfinished

Be sure to use high contrast in your colors choices of fabric. Solids or small prints that read as solid, or tone on tones that read solid. The light color is your background. To complete all 5 BOM blocks in one color combination you will need **1 yard light fabric, 3/4 yard dark fabric and 1/2 yard medium fabric**. If you prefer to use different color combinations for each block just use the same light fabric in all of them for continuity.

This block is 3 colors, light, medium, and dark; it uses eight (8) 3 1/2" HSTs (light and dark) and four (4) 3 1/2" light squares and four (4) 3 1/2"

Cut two 8 1/2" square of light fabric for HSTs (One goes with the dark and one with the medium)

Cut one 8 1/2" square of dark fabric for HSTs (you will have 4 HST's left over - keep for use in block #6)

Cut one 8 1/2" square of medium fabric for HSTs

Cut four 3 1/2" squares of light fabric

Making HSTs (demo at the April meeting plus directions in separate attachment to the newsletter for reference)

- Draw a diagonal line in both directions on the wrong side of the light 8 1/2" square
- Place the light square on right side of the dark 8 1/2" square right sides together; pin to secure; repeat for the medium fabric
- Sew a line 1/4" from the diagonal line on each side of the line; a straight sewing line is important here; give it your best; press the stitching just to set
- Mark the horizontal and vertical midpoints (4 1/4") cut horizontal and vertical first then cut the diagonals between the two lines of sewing = 8 HSTs
- Square up the HSTs to 3 1/2" as shown in the attachment; then finger press open and set with hot iron

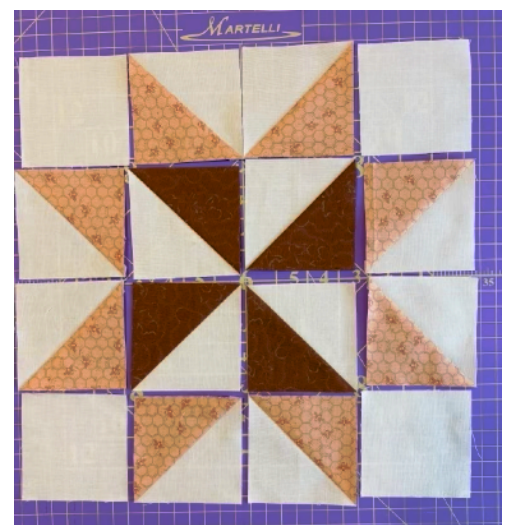
Making the block

- Layout the 3 1/2" squares as shown in the picture; double check the placement
 - Stitch a row at a time again double checking the layout; finally sew the rows together; press carefully
- Voila

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HOW TO MAKE HSTs 8 AT A TIME

This is a useful method when you need lots of the same HST for a given project. There is a YOUTUBE link showing 10 different ways for different numbers needed at the end.

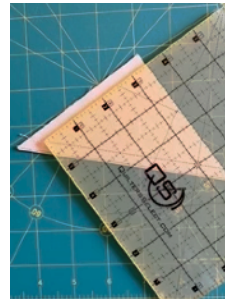
1. **SEWING:** Cut 2 of the required size square - two different colors; draw a diagonal line from point to point each direction on the wrong side of the lighter square; pin the two squares right sides together; stitch $\frac{1}{4}$ " from each side of each diagonal line as shown; press the stitched lines to set



2. **CUTTING:** Place the stitched block on a cutting mat that can be rotated; make a vertical cut through the center of the block and then a horizontal cut through the center; rotate as needed; next cut on each of the diagonal lines between the stitching; this gives you 8 HSTs



3. **SQUARING UP:** Use a **6 1/2" square ruler** with a 45° line; lay the 45° line directly on or just above the stitched line (toward the point on the triangle) and line up the desired size of the HST on either square side of the HST; trim the excess triangle fabric left on the other side of the ruler. (NOTE: you can also use the "QUILT IN A DAY 6 1/2" TRIANGLE SQUARE UP RULER" if you have one. It offers more flexibility in squaring up.



4. **PRESSING:** Now is the time to open out the HST and press. Open and gently **FINGER PRESS** usually the to the dark fabric. Then use a hot dry iron set on top or a roller to flatten the HST seam. The little rabbit ears can be cut off now..

Good resources. There are loads on YOUTUBE but the first is my favorite. The second it great for arrangements of HST in quilts.

YOUTUBE: Just Get it Done, "10 ways to make HST" by Karen Brown - good *how to* based on numbers needed

YOUTUBE: Create With Claudia, "27 Stunning HST Quilt Layouts" - uses 64 HST blocks to create a quilt. Good time to use the *8 at a time method*